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Being Mortal Illness, Medicine and
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“American medicine, Being Mortal
reminds us, has prepared itself
for life but not for death. This is
Atul Gawande's most
powerful--and moving--book.”
—Malcolm Gladwell “Beautifully
crafted . . . Being Mortal is a clear-
eyed, informative exploration of
what growing old means in the
21st century . . . a book I cannot
recommend highly enough. This
should be mandatory reading for

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every American. . . . it provides a useful roadmap of what we can and should be doing to make the last years ...

Being Mortal: Medicine and What Matters in the End ...

“American medicine, Being Mortal reminds us, has prepared itself for life but not for death. This is Atul Gawande's most powerful—and moving—book.”

—Malcolm Gladwell “Beautifully crafted . . . Being Mortal is a clear-eyed, informative exploration of what growing old means in the 21st century . . . a book I cannot recommend highly enough. This should be mandatory reading for every American. . . . it provides a useful roadmap of what we can and should be doing to make the

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Being Mortal: Medicine and What Matters in the End by Atul ...

Being Mortal: Medicine and What Matters in the End, Atul Gawande

Being Mortal is a meditation on how people can better live with age-related frailty, serious illness, and approaching death. Gawande calls for a change in the way that medical professionals treat patients approaching their ends.

Being Mortal: Medicine and What Matters in the End by Atul ...

Being Mortal: Medicine and What Matters in the End is a 2014 non-fiction book by American surgeon Atul Gawande. The book addresses end-of-life care, hospice care, and also contains

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Gawande's reflections and personal stories. He suggests that medical care should focus on well-being rather than survival. Being Mortal has won awards, appeared on lists of best books, and been featured in a documentary.

Being Mortal - Wikipedia

Being Mortal is not only wise and deeply moving, it is an essential and insightful book for our times, as one would expect from Atul Gawande, one of our finest physician writers." – Oliver Sacks
"American medicine, Being Mortal reminds us, has prepared itself for life but not for death. This is Atul Gawande's most powerful – and moving – book."

Being Mortal | Atul Gawande

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Sometimes the right book comes your way at exactly the right time. I've always loved Atul Gawande's writing—with his compassion and common sense, he's the kind of doctor you pray to get at the hospital—and in *Being Mortal: Medicine and What Matters in the End* he tackles a very tough subject: old age. Having recently moved my father from my house to assisted living, I felt as if this ...

7 Things I Learned from Atul Gawande's *Being Mortal* ...

“Being mortal is about the struggle to cope with the constraints of our biology, with the limits set by genes and cells and flesh and bone. Medical science has given us remarkable

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power to push against these limits, and the potential value of this power was a central reason I became a doctor.

Being Mortal Quotes by Atul
Gawande - Goodreads

Being Mortal is not only wise and deeply moving, it is an essential and insightful book for our times, as one would expect from Atul Gawande, one of our finest physician writers." . – Oliver Sacks. "American medicine, Being Mortal reminds us, has prepared itself for life but not for death. This is Atul Gawande's most powerful – and moving – book."

"Being Mortal," by Atul Gawande:
Discussion Questions ...
Atul Gawande, Being Mortal:

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Being Mortal: Medicine and What Matters in the End, Metropolitan Books, 2014, \$15.60 (Hbk), ISBN 9780805095159 Michael Hawking. University of Michigan. Download PDF. Modern medical advances have lengthened the human life span, such that it is now longer than it has been at any point in human history.

Being Mortal, Review Essay | Dalai Lama Centre for Compassion
This book is a marvelous opening into self-evaluation of medical issues affecting the last 20 or 30 years of life. Being Mortal by Atul Gawande seems an incredibly relevant read at a time when health insurance and medical care are so frequently in the (American) news.

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Being Mortal: Medicine and What Matters in the End: Atul ...

Summary Atul Gawande's Being Mortal is both ambitious and synthetic, qualities that well suit his difficult subject, death. In Western culture, there are taboos against death because it fits neither into post-Enlightenment notions of progress and perfection nor into medical notions of control, even domination of human biology.

Being Mortal: Medicine and What Matters in the End

Being Mortal's main focus is on how medicine and medical care has maybe skewed our perception on what it means to live. Does the quality of the life

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In *The End*, we often get overshadowed by a focus of extending our life -- even if this extension comes at the cost of stripping our final days of everything that gives meaning to a definition of "Life".

Being Mortal: Medicine and What Matters in the End: Amazon ...

"American medicine, *Being Mortal* reminds us, has prepared itself for life but not for death. This is Atul Gawande's most powerful--and moving--book."
—Malcolm Gladwell "Beautifully crafted . . . *Being Mortal* is a clear-eyed, informative exploration of what growing old means in the 21st century . . . a book I cannot recommend highly enough. This should be mandatory reading for

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every American. . . it provides a useful roadmap of what we can and should be doing to make the last years ...

Being Mortal | Atul Gawande |
Macmillan

In *Being Mortal*, bestselling author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending. Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit.

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Being Mortal | Atul Gawande |
Macmillan

“Being Mortal” uses a clear, illuminating style to describe the medical facts and cases that have brought him to that understanding. He begins with an anecdote that illustrates how wrong doctors...

‘Being Mortal,’ by Atul Gawande -
The New York Times
Reflections on Atul Gawande’s
“Being Mortal – Medicine and
What Matters in the End” Many of
the case studies and personal
experiences that surgeon and
writer Atul Gawande depicts in his
new book “Being Mortal”
resonated with my own recent
history of the deaths of my family
members.

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A prominent surgeon argues against modern medical practices that extend life at the expense of quality of life while isolating the dying, outlining suggestions for freer, more fulfilling approaches to death that enable more dignified and comfortable choices.

This review of *Being Mortal: Medicine and What Matters in the End* by Atul Gawande provides a chapter by chapter detailed summary followed by an analysis and critique of the strengths and weaknesses of this book. Gawande draws on clinical studies, case histories and stories

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from his own experiences as a doctor and a son to illuminate the subject of mortality relative to modern medical systems. His treatment of the subject covers a broad range of institutions and individuals that shape the lives of the aged and terminally ill. The central thesis of the book is that the experience of the end of life has been problematized and addressed by medical models that place extending life over quality of life and institutional frameworks that place safety and efficiency over the ability for people to have autonomy over the last part of their lives.

Gawande is a surgeon at Brigham and Women's Hospital and a professor at the Harvard Medical School. He is a writer at The New

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Yorker magazine and author of three New York Times bestselling books. Download your copy today! Available on PC, Mac, smart phone, tablet or Kindle device. (c) 2015 All Rights Reserved

The New York Times bestselling author of *Better* and *Complications* reveals the surprising power of the ordinary checklist. We live in a world of great and increasing complexity, where even the most expert professionals struggle to master the tasks they face. Longer training, ever more advanced technologies—neither seems to prevent grievous errors. But in a hopeful turn, acclaimed surgeon and writer Atul Gawande finds a

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remedy in the humblest and simplest of techniques: the checklist. First introduced decades ago by the U.S. Air Force, checklists have enabled pilots to fly aircraft of mind-boggling sophistication. Now innovative checklists are being adopted in hospitals around the world, helping doctors and nurses respond to everything from flu epidemics to avalanches. Even in the immensely complex world of surgery, a simple ninety-second variant has cut the rate of fatalities by more than a third. In riveting stories, Gawande takes us from Austria, where an emergency checklist saved a drowning victim who had spent half an hour underwater, to Michigan, where a cleanliness

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In *The Checklist Manifesto*, Atul Gawande shows how checklists in intensive care units virtually eliminated a type of deadly hospital infection. He explains how checklists actually work to prompt striking and immediate improvements. And he follows the checklist revolution into fields well beyond medicine, from disaster response to investment banking, skyscraper construction, and businesses of all kinds. An intellectual adventure in which lives are lost and saved and one simple idea makes a tremendous difference, *The Checklist Manifesto* is essential reading for anyone working to get things right.

Author and physician Atul Gawande analyzes the diverse and problematic landscape of end-

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of-life care. By providing examples of the good and bad, Gawande shows that we as a society can do much better for the elderly and dying. What does this ZIP Reads Summary Include? Synopsis of the original bookA detailed look at our current "medical approach" to deathAn argument for a more palliative approach to death and dyingAn in-depth editorial reviewBackground on the authorAbout the Original Book: Gawande's book is a measured, insightful criticism of the medical model of end-of-life care. He convincingly shows that a palliative model of care not only improves the quality of our last days, but it even seems to prolong life better than its counterpart. Anyone interested in

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end-of-life issues, ethics, gerontology, or medicine will enjoy this book, but Gawande's anecdotal style makes this an appealing, approachable read for just about anyone. **DISCLAIMER:** This book is intended as a companion to, not a replacement for, *Being Mortal: Medicine and What Matters in the End*. ZIP Reads is wholly responsible for this content and is not associated with the original author in any way.

A brilliant and courageous doctor reveals, in gripping accounts of true cases, the power and limits of modern medicine. Sometimes in medicine the only way to know what is truly going on in a patient is to operate, to look inside with

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one's own eyes. This book is exploratory surgery on medicine itself, laying bare a science not in its idealized form but as it actually is -- complicated, perplexing, and profoundly human. Atul Gawande offers an unflinching view from the scalpel's edge, where science is ambiguous, information is limited, the stakes are high, yet decisions must be made. In dramatic and revealing stories of patients and doctors, he explores how deadly mistakes occur and why good surgeons go bad. He also shows us what happens when medicine comes up against the inexplicable: an architect with incapacitating back pain for which there is no physical cause; a young woman with nausea that

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won't go away; a television newscaster whose blushing is so severe that she cannot do her job. Gawande offers a richly detailed portrait of the people and the science, even as he tackles the paradoxes and imperfections inherent in caring for human lives. At once tough-minded and humane, *Complications* is a new kind of medical writing, nuanced and lucid, unafraid to confront the conflicts and uncertainties that lie at the heart of modern medicine, yet always alive to the possibilities of wisdom in this extraordinary endeavor. *Complications* is a 2002 National Book Award Finalist for Nonfiction.

The nurse's voice is essential and

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critical to the governance of healthcare organizations. After all, nurses represent the largest professional group in healthcare, account for the greatest human resources expense, and—most importantly—are closest to patients and their families, physicians, and the community. But why do nurses hold only a small fraction of positions on healthcare boards? It's time that NURSES get on boards! With years of board leadership to her credit, author Connie Curran expertly provides the tools you need to attain and succeed in your first board role—or advance into ever-greater board responsibilities. Nurse on Board skillfully guides readers by sharing: Best practices, data, and

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advice from seasoned board
leaders Explanations of different
types of boards, how they work,
and the required skills and
experiences How boards recruit
new members and how you can
best position yourself as a
candidate How to develop,
nurture, and leverage your
personal and professional
networks to ensure you are on
the radar screen when board
roles become available

The New York Times bestselling
author of *Complications*
examines, in riveting accounts of
medical failure and triumph, how
success is achieved in a complex
and risk-filled profession The
struggle to perform well is
universal: each one of us faces

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fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In his new book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation

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In *Lethal Injections*, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area

Get Free Being Mortal Medicine And What Matters In The End Free of human endeavor.

What happens when you reach the threshold of life and death - and come back? As long as humans have lived on the planet, there have been wars, and injured soldiers and civilians. But today, as we engage in wars with increasingly sophisticated technology, we are able to bring people back from ever closer encounters with death. Historian Emily Mayhew explores the reality of medicine and injury in wartime, from the trenches of World War One to the plains of Afghanistan and the rehabilitation wards of Headley Court in Surrey. Mixing vivid and compelling

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stories of unexpected survival with astonishing insights from the front line of medicine, *A Heavy Reckoning* is a book about how far we have come in saving, healing and restoring the human body. From the plastic surgeon battling to restore function to a blasted hand to the double amputee learning to walk again on prosthetic legs, Mayhew gives us a new understanding of the limits of human life and the extraordinary costs paid physically and mentally by casualties all over the world.

The issue of physician-assisted death is now firmly on the American public agenda. Already legal in five states, it is the subject of intense public opinion

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battles across the country. Driven by an increasingly aging population, and a baby boom generation just starting to enter its senior years, the issue is not going to go away anytime soon. In *Physician-Assisted Death*, L.W. Sumner equips readers with everything they need to know to take a reasoned and informed position in this important debate. The book provides needed context for the debate by situating physician-assisted death within the wider framework of end-of-life care and explaining why the movement to legalize it now enjoys such strong public support. It also reviews that movement's successes to date, beginning in Oregon in 1994 and now extending to eleven

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In The End Free jurisdictions across three continents. Like abortion, physician-assisted death is ethically controversial and the subject of passionately held opinions. The central chapters of the book review the main arguments utilized by both sides of the controversy: on the one hand, appeals to patient autonomy and the relief of suffering, on the other the claim that taking active steps to hasten death inevitably violates the sanctity of life. The book then explores both the case in favor of legalization and the case against, focusing in the latter instance on the risk of abuse and the possibility of slippery slopes. In this context the experience of jurisdictions that have already

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taken the step of legalization is carefully reviewed to see what lessons might be extracted from it. It then identifies some further issues that lie beyond the boundaries of the current debate but will have to be faced sometime down the road: euthanasia for patients who are permanently unconscious or have become seriously demented and for severely compromised newborns. The book concludes by considering the various possible routes to legalization, both political and judicial. Readers will then be prepared to decide for themselves just where they stand when they confront the issue both in their own jurisdiction and in their own lives.

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